

The following is a list of the most common allergens we chart, including eggs, soy product, wheat, and milk. Though we have identified most possible allergens and ingredients, this form is intended as a broad reference only. While we make every attempt to identify these common allergens, please know that it is ultimately up to you, the parent, to help your child avoid problem foods. We urge parents of children with severe allergies to work closely with your pediatrician and your school before deciding on whether or not to participate in the school lunch program.

**Possible Allergens  
April 5-9, 2010**

<b>Menu Item</b>	<b>Possible Allergen</b>
<b>Monday</b>	
School Closed	
<b>Tuesday</b>	
Pizza	Soy, Wheat, Milk
Italian Dressing	Soy
Graham Crackers	Soy, Wheat
<b>Wednesday</b>	
BBQ Sauce	Soy, Wheat
Texas Toast	Soy, Wheat
Sugar Cookie	Soy, Wheat, Milk, Eggs
<b>Thursday</b>	
Beef and Bean Nacho Meat	Soy, Wheat, Milk
Tortilla Chips	Soy
Cheddar Cheese	Milk
Rice	Soy, Milk
<b>Friday</b>	
Basil Chicken Breast	Soy
Roll	Soy, Wheat
Mashed Potatoes	Soy, Milk

**Possible Allergens  
April 12-16, 2010**

<b>Menu Item</b>	<b>Potential Allergen</b>
<b>Monday</b>	
Turkey Meatballs	Soy, Wheat, Milk, Eggs
Hoagie	
Mozzarella Cheese	Milk
Twisty Herb Pasta	Soy, Wheat, Milk, Eggs
<b>Tuesday</b>	
Fish Sticks	Soy, Wheat
Tartar Sauce	Soy, Milk, Eggs
Cheezit's	
<b>Wednesday</b>	
Chicken Alfredo Pasta	Soy, Wheat, Milk, Eggs
Yogurt	Milk
<b>Thursday</b>	
Bun	Soy, Wheat
Coleslaw	Soy, Eggs
<b>Friday</b>	
Pizza Day	

**Possible Allergens  
April 19-23, 2010**

<b>Menu Item</b>	<b>Potential Allergen</b>
<b>Monday</b>	
Salisbury Steak	Soy, Eggs
Honey Wheat Roll	Soy, Wheat
Mashed Potatoes	Soy, Milk
<b>Tuesday</b>	
Chicken Slider Patties	Soy, Wheat, Milk, Eggs
Buns	Soy, Wheat
Baked Cheetos	Milk
Ranch Dip	Soy, Milk, Eggs
<b>Wednesday</b>	
Baked Ziti with Meat Sauce	Soy, Wheat, Milk, Eggs
Breadstick	Soy, Wheat, Milk
Golden Italian Dressing	Soy
Goldfish Graham	Soy, Wheat
<b>Thursday</b>	
French Toast Slices	Soy, Wheat, Milk, Eggs
Cheesy Omelet	Soy, Milk, Eggs
<b>Friday</b>	
Hamburger Patty	Soy
Bun	Soy, Wheat
Sliced Cheese	Soy, Milk
Herby Bowtie Pasta	Soy, Wheat, Milk, Eggs

**Possible Allergens  
April 26-30, 2010**

<b>Menu Item</b>	<b>Potential Allergen</b>
<b>Monday</b>	
Beef Tacos	Soy, Wheat, Milk
Cheddar Cheese Sprinkles	Milk
Tortilla Chips	Soy
<b>Tuesday</b>	
Chicken Tetrizzini	Soy, Wheat, Milk, Eggs
Breadstick	Soy, Wheat, Milk
<b>Wednesday</b>	
Turkey Corn Dog	Soy, Wheat, Eggs
Macaroni and Cheese	Soy, Wheat, Milk, Eggs
Ranch Dressing	Soy, Milk, Eggs
<b>Thursday</b>	
Spaghetti	Soy, Wheat, Milk
Mozzarella Cheese Shreds	Milk
Foccacia Squares	Wheat
Fruit Smoothie	Milk
Animal Crackers	Soy, Wheat, Milk
<b>Friday</b>	
Chicken Nuggets	Soy, Wheat, Milk, Eggs
Sweet and Sour Sauce	Soy
Asian Rice	Soy, Wheat, Milk